

2001 Coast Guard Elite Athletes of the Year



YN2 Mary C. Springer



AVT1 Sean P. Coleman has been selected as the 2001 Coast Guard Male Athlete of the Year for his excellence in the sport of cycling. He finished first place in the Category Three Level, Georgia State Time Trials. Petty Officer Coleman completed the 42-kilometer time trail in one hour and seventeen seconds, earning him the title of 2001 Georgia State Time Trials Champion. In September 2001, he finished second place overall in the Southwest Regional Mountain Bike Championship held in Conyers, Georgia. Petty Officer Coleman is active in the community and instructs novice and beginner riders in riding techniques, strategy, trail maintenance and nutrition. Petty

Officer Coleman volunteers his time to coach young cyclists, one of which is among the top-rated junior riders in America. Since enlisting in the U.S. Coast Guard in 1987, Petty Officer Coleman has served onboard the Coast Guard Cutter FARALLON, home ported in Miami Beach, Florida, and at Coast Guard Station Clearwater, Florida. He is currently stationed at Coast Guard Air Station Savannah, Georgia where he is the senior member of the Avionics Shop supervising ten technicians that help maintain the command's helicopters. Despite a demanding operational schedule as a Flight Mechanic Petty Officer, he has been recognized as an outstanding performer in numerous cycling events.



AVT1 Sean P. Coleman

YN2 Mary C. Springer has been selected as the 2001 Coast Guard Female Athlete of the Year. She has distinguished herself in the art of Shotokan Karate. 2001 was a challenging and fulfilling year for Petty Officer Springer. In March 2001 during the Amateur Athletic Union's (AAU) Regional Tournament, Petty Officer Springer finished first in kata and first in sparring. This qualified her for the Florida state competition where she again placed first in kata and first in sparring in April 2001. Petty Officer Springer then competed in the AAU National Tournament in June of 2001 which was held in New Orleans, Louisiana. She placed fifth in kata and second in sparring, losing the sparring championship match by half

a point in sudden death after regulation ended in a tie. Four months, later, Petty Officer Springer achieved the rank of Third Kyu (Advanced Level) and has aspiration of obtaining her black belt within the next two years. Since enlisting in the U.S. Coast Guard in 1996, Petty Officer Springer served aboard the Coast Guard Cutter SUMAC, home ported in St. Louis, Missouri, and is assigned to the Administrative Division at Coast Guard Group Miami, Florida. At her current assignment she is directly responsible for pay and personnel support to Group units including patrol boats, small boat stations and aids to navigation units. Petty Officer Springer is considered by her command an outstanding role model for junior and senior personnel alike.